

# Freedom High School

Boys and Girls Varsity Coach: Liz Rivas

Asst Coach: Angel Rivas

JV - Coach Logan

Freshman - Coach Sarah

Glenn Briggs, AD

email: coachlizrivas@outlook.com



Date	Day	Location	Event	Opponent/Title	Frosh	JV	Varsity
7- 9 Aug	Mon - Wed	Main Gym	Try-Outs	Try-Outs	5:00 - 6:30pm	5:00 - 6:30pm	6:30 - 8:00pm
10-Aug	Wed	Main Gym	Team Selection	Team Selection - posted on FHS website by 9:30			
11-Aug	Fri	Home	Meeting	Mandatory Parent/Team Meeting	5:00pm		
12-Aug	Sat	Home	Jamboree	FHS JV Jamboree	-	8:00am - 12N	-
12-Aug	Sat	Home	Jamboree	FHS Varsity Jamboree	-	-	12N - 4pm
14-Aug	Mon	Main Gym	Fundraiser	SnapRaise Fundraiser	5:30pm		
18-Aug	Fri	Home	Jamboree	FHS Freshman Jamboree	4pm - 8pm		
19-Aug	Sat	TBD	Tournament	East County Varsity Tournament	-	-	7am - 6pm
22-Aug	Tue	Home	Pre-Season	Northgate HS	4:15pm	5:15pm	6:00pm
24-Aug	Thur	Away	Pre-Season	Livermore HS	4:15pm	5:15pm	6:00pm
25-Aug	Fri	Home	Picture Day	Team Pics & Senior Banners	4:00pm		
29-Aug	Tue	Away	Pre-Season	West Tracy HS	4:15pm	5:15pm	6:00pm
31-Aug	Thur	Home	Pre-Season	Las Lomas HS	4:15pm	5:15pm	6:00pm
5-Sep	Tue	Away	Pre-Season	Albany	4:15pm	5:15pm	6:00pm
7-Sep	Thur	Home	Pre-Season	Clayton Valley Charter	4:15pm	5:15pm	6:00pm
8-Sep	Fri	Home	Parade	Homecoming Parade	4:00pm - 5:30pm		
9-Sep	Sat	Home	Homecoming	Homecoming	-	-	-
9-Sep	Sat	Home	Tournament	Pitt Varsity Tournament (?)	-	-	7am - 6pm
12-Sep	Tue	Home	Pre-Season	Concord HS	4:15pm	5:15pm	6:00pm
14-Sep	Thur	Away	Pre-Season	Alhambra HS	-	5:30pm	6:00pm
19-Sep	Tue	Away	League	Liberty HS	4:15pm	5:15pm	6:00pm
21-Sep	Thur	Home	League	Pittsburg HS - Cancer Awareness	4:15pm	5:15pm	6:00pm
23-Sep	Sat	Away	Tournament	East County Freshman Tournament	7am - 6pm		
26-Sep	Tue	Away	League	Antioch HS	4:15pm	5:15pm	6:00pm
28-Sep	Thur	Away	League	Heritage HS	4:15pm	5:15pm	6:00pm
30-Sep	Sat	Away	Tournament	East Bay JV Tournament	-	7am-6pm	-
3-Oct	Tue	Home	League	Deer Valley HS - Dig Pink	4:15pm	5:15pm	6:00pm
5-Oct	Thur	Home	League	Liberty HS	4:15pm	5:15pm	6:00pm
6-Oct	Fri	Away	Tournament	Livermore Freshman Tournament	3pm - 8pm	-	-
7-Oct	Sat	Away	Tournament	Livermore JV Tournament	-	TBD	-
10-Oct	Tue	Away	League	Pittsburg HS	4:15pm	5:15pm	6:00pm
12-Oct	Thur	Home	League	Antioch HS - Senior Night	4:15pm	5:15pm	6:00pm
17-Oct	Tue	Home	League	Heritage HS	4:15pm	5:15pm	6:00pm
19-Oct	Thur	Away	League	Deer Valley HS	4:15pm	5:15pm	6:00pm

\*Practice times: Frosh/JV - 5pm - 6:15pm. Varsity 6:15pm - 8pm all teams will practice in Main Gym

Practice times are subject to change based on gym availability notification are through BAND app.